

1.11 ETHICAL CONSIDERATION.....	14
1.12 POSSIBLE CONTRIBUTIONS OF THE STUDY.....	15
1.13 LAYOUT OF THE STUDY.....	15
1.14 CONCLUSION.....	16
 CHAPTER 2: THE ESSENCE OF HEALTHY SCHOOL ENVIRONMENTS.....	17
2.1 INTRODUCTION.....	17
2.2 HEALTHY SCHOOL ENVIRONMENTS.....	17
2.3 THE WHOLE SCHOOL APPROACH TO THE CREATION OF HEALTHY ENVIRONMENTS.....	19
2.4 STRATEGIES IN PROMOTING HEALTHY SCHOOL ENVIRONMENTS....	22
2.4.1 Legislative framework.....	23
2.4.1.1 Policy development process.....	24
2.4.2 Health education.....	28
2.4.3 Strengthening community engagements and partnerships.....	33
2.4.4 School nutrition.....	38
2.4.4.1 Nutrition and learner performance.....	39
2.4.4.2 National school health programme.....	40
2.4.5 Staff involvement.....	45
2.4.6 Learner involvement	47
2.4.7 Prevention of communicable diseases.....	48
2.4.7.1 Injuries and medical emergencies.....	48
2.4.7.2 Contents.....	48

2.4.7.3 Training and empowerment.....	49
2.4.7.4 Communicable diseases.....	50
2.4.8 Physical activity.....	50
2.5 NATIONAL HEALTH SCHOOL PROGRAMMES.....	56
2.5.1. Environmental conservation school programme.....	56
2.5.2 Soul Buddies.....	57
2.5.3 Garden project.....	58
2.6 HOW SCHOOL HEALTH PROGRAMMES ARE COORDINATED.....	60
2.7 HEALTH COMMITTEES.....	62
2.8 LEADERSHIP AND MANAGEMENT.....	64
2.8.1 Management of programmes.....	65
2.8.2 Monitoring and evaluation.....	69
2.9 SCHOOL CULTURE AND ENVIRONMENT.....	70
2.10 CONCLUSION.....	71
 CHAPTER 3: EMPIRICAL RESEARCH.....	 72
3.1. INTRODUCTION.....	72
3.2 RESEARCH PARADIGM.....	72
3.3 RESEARCH METHOD.....	74
3.4 STRATEGY OF INQUIRY.....	74
3.5 DATA COLLECTION PROCEDURE.....	76
3.5.1 Site Selection.....	76
3.5.2 Research participants.....	83

3.5.2.1 Sample selection.....	84
3.5.2.2 Sample size.....	84
3.5.3 Data collection methods.....	86
3.5.3.1 Interviews.....	86
3.5.3.2 Photographs.....	87
3.5.4 Data collection procedure.....	87
3.5.4.1 Data capturing.....	88
3.5.4.2 Transcribing.....	88
3.5.5 Data analysis.....	89
3.5.5.1 Analysis of interview data.....	89
3.5.5.2 Analysis of photographs.....	92
3.6 ETHICAL CONSIDERATIONS.....	92
3.6.1 Ethical consideration with regards to participants.....	92
3.6.2 Ethical consideration with regards to institutions.....	93
3.6.3 Scientific integrity of the research.....	93
3.6.4 Domain specific ethical issues.....	93
3.7 LIMITATIONS OF THE STUDY.....	94
3.8 TRUSTWORTHINESS.....	94
3.9 CONCLUSION.....	95
 CHAPTER 4: DATA ANALYSIS AND INTERPRETATION.....	 97
4.1 INTRODUCTION.....	97
4.2 PSEUDONYMS FOR SCHOOLS AND PARTICIPANTS.....	97

4.3 RESULTS OF INTERVIEWS.....	98
4.4 CONCLUSION.....	139
 CHAPTER 5: SUMMARIES, FINDINGS AND RECOMMENDATIONS.....	141
5.1 INTRODUCTION.....	141
5.2 OBJECTIVES REVISITED.....	141
5.3 SUMMARY OF LITERATURE	143
5.3.1 Summary of chapter 1.....	143
5.3.2 Summary of chapter 2.....	143
5.4 SUMMARY FROM THE EMPIRICAL RESEARCH	144
5.4.1 Summary of chapter 3.....	144
5.4.2 Summary of chapter 4.....	145
5.4.3 Findings from the empirical research.....	145
5.5 RECOMMENDATIONS.....	148
5.5.1 Recommendations for practical implementations of the findings....	148
5.5.2 Recommendations for further research.....	151
5.6 CONCLUSION.....	152
REFERENCES.....	153

LIST OF TABLES

TABLE 1.1 SUMMARY OF LITERATURE.....	7
TABLE 3.1 SAMPLE.....	85
TABLE 3.2 THE CODING PROCESS IN INDUCTIVE ANALYSIS.....	90
TABLE 5.1 HOW OBJECTIVES WERE ACHIEVED.....	141

LIST OF FIGURES

FIGURE 1.1 CONCEPTUAL MODEL.....	9
FIGURE 1.2 DATA COLLECTION PROCESS.....	12
FIGURE 2.1 WHOLE SCHOOL APPROACH MODEL.....	20
FIGURE 2.2 DETERMINANTS OF HEALTH PROMOTION.....	22
FIGURE 2.3 MANAGEMENT TASKS.....	67
FIGURE 3.1 Summary of Research Method.....	75
FIGURE 3.2 Surroundings in school A.....	77
FIGURE 3.3 Surroundings in school B.....	79
FIGURE 3.4 Surroundings in school C.....	81
FIGURE 3.5 Surroundings in School D.....	82
FIGURE 4.1 Clean surroundings in school D.....	102
FIGURE 4.2 Unclean toilet in school C.....	103
FIGURE 4.3 Community garden project at school D.....	115
FIGURE 4.4 A food garden at school A.....	116
FIGURE 4.5 First aid box in school C.....	122
FIGURE 4.6 First aid box in school D.....	123
FIGURE 4.7 A remnant of an alien tree in school A.....	136

APPENDICES

**APPENDIX 1 LETTER FROM THE MPUMALANGA DEPARTMENT OF
EDUCATION**

APPENDIX 2: LETTER OF REQUEST TO SCHOOLS

APPENDIX 3: LETTER OF RESPONSE FROM SCHOOLS

APPENDIX 4: CONSENT FORM

APPENDIX 5: INTERVIEW SCHEDULE

APPENDIX 6: TRANSCRIPTS OF SCHOOLS A & C

APPENDIX 7: DATA CODING

APPENDIX 8: THEMES



School for Educational
Sciences

Tel: (016) 910-3071

TO WHOM IT MAY CONCERN

This is to certify that the undersigned has done the language editing for the
following candidate:

SURNAME and INITIALS: PETER MOKHACHANE MOKOENA

**TITLE: EXPLORATION OF EFFECTIVE MANAGEMENT OF
HEALTHY SCHOOL ENVIRONMENTS IN THE GERT SIBANDE
DISTRICT**

DEGREE: MEd dissertations

RHELDA KRUGEL

22/05/2012

DATE

NOTE WELL:

The language editor does not accept any
responsibility for post-editing, re-typing or re-
computerising of the content.
