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BYLAAG A

BIOGRAPHICAL QUESTIONNAIRE

1. Student number:

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 (1-10)

2. Age in years

--	--

 (11-12)

3. Sex:

--	--

 (13)

Male

1

Female

2

4. Where do you live? (14)

Farm

1

Town

2

Squatter camp

3

Village

4

Other

5

If other, state where: _____

5. Do you have electricity in your home? (15)

Yes

1

No

2

6. How many people live in the same house as you? (16)

1-4

1

5-8

2

9-12

3

more

4

7. How did/do you pay for your studies? (17)

Cash

1

Easy instalments

2

Edu loan

3

8. Are you currently employed as a teacher? (18)

Yes

1

No

2

If not, what kind of work do you do? _____

9. When was the last time you studied for a diploma or degree before you registered for this course? (19-20)

1	9		
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10. Is this the first exam that you have written in this specific course? (21)

Yes	1
No	2

11. If this is not the first exam you have written in this course, how many times have you written a paper in this course? (22)

Twice	1
Three times	2
More than three times	3

12. Do you have a quiet place where you can study at home, for example a bedroom or workroom? (23)

Yes	1
No	2

13. What is your **main** reason for furthering your studies? (Choose only one of the following) (24)

Salary increase	1
Better qualifications	2
To be a better teacher	3
Promotion	4
Other	5

If other, specify: _____

14. What is the distance to your nearest contact- or examination centre? (25)

0-25 km	1
26-50 km	2
51-75 km	3
76-100 km	4
101+	5

15. What kind of transport do you **usually** use to travel to the contact- or examination centre?
(Choose only one of the following) (26)

Own car	1
Taxi	2
Bus	3
With friends	4
Other	5

If other, specify: _____

16. Do you attend facilitation-sessions in this course? (27)

Yes	1
No	2

If not, why not? _____

17. Are the facilitation sessions effective? (28)

Yes	1
No	2

If not, why not? _____

18. Does the facilitator help you to understand the difficult concepts of the course content? (29)

Yes	1
No	2

If not, why not? _____

19. Is the studymaterial and the facilitation sessions presented in the language of your choice? (30)

Yes	1
No	2

If not, what language would you prefer? _____

20. Are there other teachers at your school who are also distance learners? (31)

Yes	1
No	2

21. Do you like to study with other distance learners doing the same course? (32)

Yes	1
No	2

If not, why not? _____

22. Do you find time to study every day? (33)

Yes	1
No	2

If not, why not? _____

23. How many hours do you study on average per day? (34-35)

_____ hours

BYLAAG B MOTIVATED STRATEGIES FOR LEARNING QUESTIONNAIRE (MSLQ)
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We thank you for the valuable contribution you are going to make to this research project.

PART A: MOTIVATION

The following questions ask about your motivation for and attitudes about this course. Remember there are no right or wrong answers, just answer as accurately as possible. Use the scale below to answer the questions. If you think the statement is very true of you, circle 7; if a statement is not at all true of you, circle 1. If the statement is more or less true of you, find the number between 1 and 7 that best describes you, and cross out that number on the answersheet. For example:

1. *I find the course content interesting:*

Not at all true of me	1	2	3	4	5	6 	7	Very true of me
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1. During a contact session I prefer course material that really challenges me so I can learn new things.
2. If I study in appropriate ways, then I will be able to learn the content in this course.
3. When I write an exam I think about how poorly I am doing compared with other students.
4. If I don't understand the course material, it is because it is too difficult.
5. I think I will be able to use what I learn in this course in other courses.
6. I believe I will receive an excellent grade in this course.
7. I'm certain I can understand the most difficult material presented in the readings for this course.
8. Getting a good grade in this course will be most satisfying
9. When I write an exam I worry about items in other parts of the exam I might not be able to answer.
10. It is my own fault if I don't learn the material in this course.
11. It is important for me to learn the course material.

12. The most important thing for me right now is improving my overall grade point average, so my main concern in this course is getting a good grade.
13. I'm confident I can learn the basic concepts taught in this course.
14. If I can, I want to get better grades for this course than most of the other students.
15. If I understand the material in this course, it is due mainly to the facilitator.
16. When I write an exam I think of the consequences of failing.
17. I'm confident that I will understand the most complex content presented in the study guide.
18. During a contact session I prefer course material that arouses my curiosity, even if it is difficult to learn.
19. I am very interested in the content area of this course.
20. If I try hard enough, then I will understand the course material.
21. I have an uneasy, upset feeling when I take an exam.
22. I'm confident I can do an excellent job on the assignments in this course.
23. I expect to do well in this course.
24. The most satisfying thing for me in this course is trying to understand the content as thoroughly as possible.
25. I think the course content in this class is useful for me to learn.
26. When I have the opportunity, I choose course assignments that I can learn from, even if they don't guarantee a good grade.
27. If I don't understand the course content, it is because I don't try hard enough.
28. I like the content of this course.
29. Understanding the content of this course is very important to me.
30. If I don't learn the material in this course, it is because of the facilitator.
31. I feel my heart beating fast when I take an exam.
32. I'm certain I can master the skills being taught in this class.
33. If I learn the material in this course, it is because it is easy to learn.
34. I want to do well in this class because it is important to show my ability to my family, friends, employer, or others.
35. Considering the difficulty of this course, the facilitator, and my own skill, I think I will do well in this course.

PART B: LEARNING STRATEGIES

The following questions ask you about your learning strategies and study skills for this course. Again, there are no right or wrong answers. Answer the questions about how you study in this class as accurately as possible. Use the same scale to answer the remaining questions.

36. When I study the content of this course, I outline the material to help me organize my thoughts.
37. During contact sessions I often miss important points because I'm thinking of other things.
38. When studying for this course, I often try to explain the material to another student or friend.
39. I usually study in a place where I can concentrate on my course work.
40. When reading the course content, I make up questions to help focus my reading.
41. I often feel so lazy or bored when I study for this course that I quit before I finish what I planned to do.
42. I often find myself questioning things I hear or read in this course to decide if I find them convincing
43. When I study for this course, I practice saying the material over and over to myself.
44. Even if I have trouble learning the content in this course, I try to do the work on my own, without help from anyone.
45. When I become confused about something I'm reading for this course, I go back and try to figure it out.
46. When I study for this course, I go through the content and my class notes and try to find the most important ideas.
47. I make good use of my study time for this course.
48. If the course content is difficult to understand, I change the way I read the material.
49. I try to work with other students to complete the course assignments.
50. When studying for this course, I read my class notes and the course content over and over again.
51. When a theory, interpretation or conclusion is presented during contact sessions or in the study guide, I try to decide if there is good evidence to support it.
52. I work hard to do well in this course even if I don't like the learning content.
53. I make simple charts, diagrams, or tables to help me organise the content.

54. When studying for this course, I often set aside time to discuss the course content with other students doing the same course.
55. I treat the course content as a starting point and try to develop my own ideas about it.
56. I find it hard to stick to a study schedule.
57. When I study for this course, I put together information from different sources, such as facilitation sessions, recommended reading material and class discussions.
58. Before I study new course content thoroughly, I often skim it to see how it is organised.
59. I ask myself questions to make sure I understand the content I have been studying in this course.
60. I try to change the way I study in order to fit the course requirements and facilitator's style of "teaching".
61. I often find that after having read something for this course, I don't understand what it was all about.
62. I ask the facilitator to clarify concepts I don't understand well.
63. I memorize key words to remind me of important concepts in this course.
64. When course work is difficult, I either give up or only study the easy parts
65. I try to think through a topic and decide what I am supposed to learn from it rather than just reading it over when studying for this course.
66. I try to relate ideas in this course to those in other courses whenever possible.
67. When I study for this course, I go over my contact session notes and make an outline of important concepts.
68. When reading course content, I try to relate the content to what I already know.
69. I have a regular place set aside for studying.
70. I try to play around with ideas of my own related to what I am learning in this course.
71. When I study for this course, I write brief summaries of the main ideas from the content and my contact session notes.
72. When I can't understand the content in this course, I ask another student doing the same course for help.
73. I try to understand the content in this course by making connections between the reading material and the concepts from the contact sessions.
74. I make sure that I keep up with the weekly recommended reading material and assignments for this course.

75. Whenever I read or hear a conclusion regarding work discussed in this course, I think about possible alternative conclusions.
76. I make lists of important terms for this course and memorize the lists.
77. I attend the contact sessions regularly.
78. Even when course content is dull and uninteresting, I manage to keep working until I finish.
79. I try to identify students in this class whom I can ask for help if necessary.
80. When studying for this course I try to determine which concepts I don't understand well.
81. I often find that I don't spend enough time on this course because of other activities.
82. When I study for this course, I set goals for myself in order to direct my activities in each study session.
83. If I get confused taking notes during contact sessions, I make sure I sort it out afterwards.
84. I rarely find time to review my notes or the reading material before an exam.
85. I try to apply ideas from course content in other activities such as contact session discussions or in my daily work.

BYLAAG C QUESTIONNAIRE ON SELF-REGULATED LEARNING (SRLQ)

Please do not write your name or make any marks on this questionnaire.

Directions: *This is the final questionnaire that you have to complete for this research project. Once again, there are no right or wrong answers for the following questions. Read the following statements carefully. For each of the statements, decide which one of the words given in the key applies to you and cross that number out on the answer sheet.*

For example: 1. I study hard to ensure good exam marks:

Never	Seldom	Often	Usually	Always
1	2	3	4	5

If the statement is never true of you, cross out 1 on the answer sheet; if the statement is always true of you, cross out 5 on the answer sheet. If the statement is more or less true of you, find the number between 1 and 5 that best describes you and cross out that number on the answer sheet.

1. When I receive bad marks for an exam, I feel that the questions were too difficult.
2. After the completion of an assignment, I check my work to make certain it is correct.
3. When I have to do an assignment, I work out how much time it will take to complete the assignment.
4. I first work out a framework before writing the answer to an essay-type question.
5. After having prepared for an exam, I have a good idea of what marks I can expect for the exam.
6. I set specific goals for each section of my work.

7. During my study time and during contact sessions I try really hard to prevent my thoughts from straying from the lesson content.
8. When someone is talking loudly while I am studying, I ask the person to lower his or her voice.
9. When I receive bad marks for an exam, I feel that I have not studied hard enough.
10. When I set a goal I can't reach, I usually break it up in more attainable goals and work at them one at a time until I reach my initial goal.
11. I try working at a constant tempo throughout the semester (eg. one hour every day).
12. Before doing an assignment, I first read as much on the topic as I can.
13. I prefer to set short term goals.
14. When learning, I follow the instructions in the study guide.
15. Before doing an assignment, I speak to others who know more about the topic than I do (for instance fellow students or my facilitator).
16. When I prepare for an exam, I work through old exam papers.
17. When doing an assignment, I make certain that I know how to follow the recommended guidelines stated in the study guide.
18. During contact sessions, I make notes regarding important aspects of the work we discuss.
19. When studying, I keep a record/make notes of the words or facts I can't remember.
20. When I prepare for an exam, I learn only from my textbook.
21. I turn off the radio or TV to concentrate better when I study.
22. When I realise that I haven't set enough time to complete an assignment, I reschedule my time.
23. While studying, I ask myself questions regarding the work I have learnt to check if I understand the work.
24. I complete assignments before the stipulated time/deadline.
25. When I do well in an exam, I reward myself by, for instance, going to the movies.
26. When learning for an exam, I write down the facts and repeat them out loud until I remember them.
27. I prefer to set long term goals.
28. I start learning for an exam well before the date set for the exam.

29. When I experience problems with the learning content, such as not understanding it, I ask for help from a friend, a fellow student or the facilitator.
30. When I prepare for an exam, I revise my notes.
31. After having written an exam, I have a good idea of how well I have done, even before the exam has been marked.
32. I participate in class discussions during contact sessions.
33. When I receive bad marks for an exam, I feel that I have used the wrong kind of study methods, and plan to do better next time.
34. When my opinion differs from that of the facilitator, I give my own opinion.
35. I like to study alone.