

OBESITY AS A METABOLIC SYNDROME
DETERMINANT AND THE INFLUENCE OF PHYSICAL
ACTIVITY IN TREATMENT AND PREVENTION



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LAAT MY ELKE MÔRE U LIEFDE ONDERVIND,
WANT IN U STEL EK MY VERTROUE. WYS MY DIE
PAD WAT EK MOET LOOP, WANT MY HOOP IS OP
U GEVESTIG

[PSALM 143:8]

FOREWORD

"I am enough of an artist to draw freely upon my imagination. Imagination is more important than knowledge. Knowledge is limited. Imagination encircles the world." [Albert Einstein]

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